Male vs. Female Leadership

Men and women have two different leadership styles that shape how they run their teams. Both leadership styles have benefits and limitations depending on the environment. , however, the effectiveness of each strategy isn’t necessarily what drives people to choose them. Women tend to use what’s called the transformational leadership style. This is a style where “leaders and their followers raise one another to higher levels of morality and motivation.” Instead of sitting in her office all day, frequently women visit their team members while they’re working to offer guidance and encouragement. For most females, leadership isn’t just about accomplishing goals; they want to transform their followers into better people. On the other hand Men tend to favor the transactional leadership style. This is more of the old school leadership style where leaders are dominant figures with strict expectations and should not be questioned. Males lead like the boss who sits in his office giving orders and receiving progress updates from his employees, but rarely engages with them on a personal level. They’re all about the results. In the end, I think the transformational leadership style is better because it is more effective in the people-centered work environments that are becoming more popular today. Their natural inclination to support their subordinates’ personal growth and to emphasize open communication allows them to create comfortable work environments and inspire exceptional results. So, the key to being a successful leader is meeting the needs of your subordinates whether that’s giving them encouragement or the independence to work alone.

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